Debtors Anonymous 2017 Workshop Series

*Lunch (covered dish) 12pm *Workshops 1-4pm

St. Stephen's Episcopal Church @Pecore Hall, 1800 Sul Ross, Houston 77098

COMPLETED: 1st <u>DA Tool</u> March 25, 2017 <u>From Vagueness to Clarity: How to use the spending plan tool!</u>

2nd Spirituality May 27, 2017

A workshop to share and honor our understanding of a Power greater than ourselves.

Bring and share something that speaks to your sense of spirituality as related to DA: *speak about a DA tool; share: *art *music *movement *writing *sculpture *poem *favorite thing *reading *collage *picture.

During the workshop, create a design that depicts your personal DA spirituality or spend some time contacting your Higher Power in writing. Share a 'came to believe' moment, spiritual solution, or experience that has enhanced your DA recovery. Participate in a guided meditation. Newcomers welcome!

3rd *My DA Vision* July 29, 2017 TBA

Suggested donation: \$20. each afternoon.

* Donate what you can! NOONE WILL BE TURNED AWAY DUE TO LACK OF FUNDS.*

Thank you for your support:

Donations will be used to send our

Intergroup Service Representative to

DA World Service Conference, Irving, Texas, Aug.23-27th, 2017

Spirituality Workshop

Guide for Chair

Times noted are open to provide for all who wish to share.

1pm THANKS for the service work of those who brought cover dishes, participated in practice, helped set up and restore space after workshop.

Open workshop with moment of silence and DA 3rd step prayer. Read page 81 (of 12-12-12)

1:03pm Sharing time for those who brought a spiritual representation or item. Feel free to share at your courageous comfort level for 5 minutes.

2pm (approximate)

7th Tradition: Read pg 90, 93 (how your donation will be used for service.). Pass the basket.

Break for bathroom, beverages, etc.

2:15pm Guided Meditation related to personal spirituality and DA recovery-10 minutes.

(* includes walk in favorite place; note colors, sounds, surroundings, beauty; stop and talk with HP/ God of your understanding, when finished ask about anything that participants want to share)

2:30pm Sharing.

2:50pm CREATIVE SESSION:

YOUR CHOICE:

- a. Make spiritual poster,
- b. Write a letter to your Higher Power.
- c. Write a letter from your Higher Power to you
- d. Consider and list your daily spirituality plan for 'conscious contact'.
- e. Relax and enjoy meditation/reflection time.

3:10pm Sharing

OPTIONAL IF TIME ALLOWED: DA meeting to share experience, strength, and hope related to spirituality and DA recovery.

3:40pm Sharing about workshop experience.
Announce last workshop: July 29th TOPIC: DA Visions.

3:50pm Close with reading pg 96 and/or 100 (of 12-12-12).